



October 2019

This opening page to the OSU Emeriti Association *Newsletter* serves three purposes: To provide **links** to the current newsletter and each of its pages, to provide a two-month **calendar** of OSU Emeriti Association activities and events, and to provide important Emeriti Association **announcements**.

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Links

Link to [October, 2019](#), OSU Emeriti Association *Newsletter*.

Here are the links to the **individual pages** of the *Newsletter*:

Page 1: Spotlight on New Member: [Cathy Shuffield](#)

Page 2: Spotlight on Long-Time Member: [David Lewis](#)

Page 3: A Retirement Activity: Our Daily Bread: [Clem Ward](#)

Page 4: A Retirement Trip: Republic of Ireland: [Ken and Mary McKinley](#)

[Link](#) to access earlier issues of the OSU Emeriti *Newsletter*.

Calendar for October 2019

October 7--Monday Night Dinner (5:30--Meet and Greet; 6:00--Dinner)
October 9--Tech Group Meeting (1:30)
October 14--Investment Club Discussion Meeting (1:15)
October 16--Making the Most of Retirement (1:30)
October 21--Investment Club Business Meeting (1:15)
October 28--Emeriti Council Meeting (1:30)

Calendar for November 2019

November 4--Monday Night Dinner (5:30--Meet and Greet; 6:00--Dinner)
November 11--Investment Club Discussion Meeting (1:15)
November 13--Tech Group Meeting (1:30)
November 18--Investment Club Business Meeting (1:15)
November 20--Making the Most of Retirement (1:30)
November 25--Emeriti Council Meeting (1:30)

Calendar of Small-Size-Interest-Group Programs and Special-Interest-Topics Programs

Because of a room capacity of 16 persons and an effective maximum size for tours, you are being asked to make a reservation for any of the following events you wish to attend. If you are already on an e-mail list for a specific event, such as the Photography Interest Group and the Travel Interest Group, you do not need to make another reservation. Note: **SSIG** events are ongoing, generally monthly; and **SIT** events are one-time events.

October 2 (Wednesday) (1:30-2:30) **Emeriti Book Club (SSIG)** (Room 101, Emeriti Suite, ConocoPhillips Alumni Center) For a reservation or to obtain additional information about this event, use the following e-mail address and include "**Book Club**" in your message <emeriti.interest.groups@gmail.com>. Note: You may need to copy and paste the e-mail address into your e-mail client.

October 9 (Wednesday) (1:30-2:30) **Music Appreciation Interest Group (SSIG)** (Room 101, Emeriti Suite, ConocoPhillips Alumni Center) For a reservation or to obtain additional information about this event, use the following e-mail address and include "**Music**" in your message <emeriti.interest.groups@gmail.com>. Note: You may need to copy and paste the e-mail address into your e-mail client.

October 10 (Thursday) (1:30-2:30) **Travel Interest Group (SSIG)** (Room 101, Emeriti Suite, ConocoPhillips Alumni Center) For a reservation or to obtain additional information about this event, use the following e-mail address and include "**Travel**" in your message <emeriti.interest.groups@gmail.com>. Note: You may need to copy and paste the e-mail address into your e-mail client.

October 17 (Thursday) (1:30-2:30) "**Creating a Financial Activity Succession Document**" (**SIT**) (Room 101, Emeriti Suite, ConocoPhillips Alumni Center) For a

reservation or to obtain additional information about this event, use the following e-mail address and include “**Succession**” in your message <emeriti.interest.groups@gmail.com>. Note: You may need to copy and paste the e-mail address into your e-mail client.

October 18 (Friday) (1:30-2:30) **Art Appreciation Interest Group (SSIG)** (Room 101, Emeriti Suite, ConocoPhillips Alumni Center) For a reservation or to obtain additional information about this event, use the following e-mail address and include “**Art**” in your message <emeriti.interest.groups@gmail.com>. Note: You may need to copy and paste the e-mail address into your e-mail client.

October 25 (Friday) (3:30-4:30) **Tour of the Spears School of Business New Building (SIT)** For a reservation or to obtain additional information about this event, use the following e-mail address and include “**Tour**” in your message <emeriti.interest.groups@gmail.com>. Note: You may need to copy and paste the e-mail address into your e-mail client.

New Members

Craig Beebe
Leila Beebe
Anthony Confer
Carolyn Confer
Ival Gregory
Elizabeth Halley

Rick Halley
James Huston
Kathy Huston
James Huston
Becky Schlais
Tim Schlais

Announcements

Information About Monday Night Dinner Program on October 7

OSU President Hargis and First Cowgirl, Ann Hargis, will share an update of university happenings as we begin the new school year.

Technology Group Meeting on October 9

This meeting will be a “show and tell” session in which attendees will share the most useful digital equipment, software, and apps they use.

Making the Most of Retirement on October 16

On October 16, Making the Most of Retirement will meet at 1:30 at the Stillwater Public Library. The program is a presentation by Joni O’Neil, the title of which is as follows: “Total Health and Seniors: A Perfect Fit.”

New Emeriti Association Web Page to be Available by January 1

A new Emeriti Association Web page, which should be available by January 1, is being created because OSU has changed the platform on which University Web pages reside. Although the new page will have a different “look” than the current page, virtually all of the content available on the current page will be available on the new page

Retiree Information From HR

HR has released the following information retirees will find helpful regarding the upcoming open enrollment period as well as information about Medicare Part D premiums, changes in dental insurance carrier and premiums, and change in vision insurance carrier and premiums.

2020 Open Enrollment

We are excited to announce that for 2020 we will have new Dental and Vision Insurance offerings. Delta Dental of Oklahoma will be our new Dental insurance provider and Vision Service Plan (VSP) will be our new Vision insurance provider. Feel free to watch the OSU Human Resources web page, <https://hr.okstate.edu/>, for additional details to be released in the near future. Dental will continue to offer a low and high plan, along with a new “platinum” plan. VSP will offer their baseline vision plan along with a buy-up option.

Our goal is to send out enrollment information to retirees early to mid-October. If you have any questions regarding your retiree benefits, please contact OSU Benefits at 405-744-5449 or osu-benefits@okstate.edu.

Benefits Fair

Tuesday, October 15, 2019 from 9:30 am – 1:00 pm on Engineering South Lawn we will hold a Benefits Fair. Feel free to come to campus to meet with vendors and gather information regarding 2020 benefit offerings.

2020 Medicare Rx Plan Premium

The Basic Rx plan monthly premium is increasing from \$94.00 to \$95.90; and the Enhanced Rx plan is increasing from \$215.80 to \$220.20. The open enrollment period to change your Rx plan is from October 15 – December 7, 2019. Please contact OSU Benefits for a packet if you wish to change your Rx plan for 2020.

Dental Insurance

New Provider for 2020 – Delta Dental of Oklahoma (DDOK)

3 plans to choose from:

| | Low | High | Platinum |
|------------------------|--|---------|----------|
| Individual Deductible | \$50 | \$25 | \$25 |
| Family Deductible | \$75 | \$75 | \$75 |
| Annual Maximum Benefit | \$1,500 | \$2,000 | \$3,000 |
| Additional Benefits | Adult orthodontia covered, in-office teeth whitening, extra cleanings (4 total), nitrous oxide | | |

Monthly Dental Premiums

Delta Dental of Oklahoma (DDOK)

| 2020 | Low Plan | High Plan | Platinum |
|----------------------|----------|-----------|----------|
| Retiree | \$34.80 | \$42.26 | \$69.24 |
| Retiree + Spouse | \$68.94 | \$83.86 | \$137.82 |
| Retiree + Child(ren) | \$79.18 | \$122.98 | \$205.42 |
| Family | \$122.44 | \$159.16 | \$266.32 |

Vision Insurance

New Provider for 2020 – Vision Service Plan (VSP)

Two plans to choose from - Base and Choice Buy-Up:

| Benefit | Description | Copay | Benefit | Description | Copay |
|---|---|--------------------------------------|--|--|--------------------------------------|
| Choice Base Plan Coverage with a VSP Provider | | | Choice Buy-Up with EasyOptions Plan Coverage with a VSP Provider | | |
| WellVision Exam | <ul style="list-style-type: none"> Focuses on your eyes and overall wellness Every calendar year | \$10 | WellVision Exam | <ul style="list-style-type: none"> Focuses on your eyes and overall wellness Every calendar year | \$10 |
| PRESCRIPTION GLASSES | | \$25 | PRESCRIPTION GLASSES | | \$25 |
| Frame | <ul style="list-style-type: none"> \$150 allowance for a wide selection of frames \$200 allowance for featured frame brands 20% savings on the amount over your allowance \$80 Costco' frame allowance Every calendar year | Included in Prescription Glasses | Frame | <ul style="list-style-type: none"> \$180 allowance for a wide selection of frames \$230 allowance for featured frame brands 20% savings on the amount over your allowance \$100 Costco' frame allowance Every calendar year | Included in Prescription Glasses |
| Lenses | <ul style="list-style-type: none"> Single vision, lined bifocal, and lined trifocal lenses Impact-resistant lenses for dependent children Every calendar year | Included in Prescription Glasses | Lenses | <ul style="list-style-type: none"> Single vision, lined bifocal, and lined trifocal lenses Impact-resistant lenses for dependent children Every calendar year | Included in Prescription Glasses |
| Lens Enhancements | <ul style="list-style-type: none"> Standard progressive lenses Premium progressive lenses Custom progressive lenses Average savings of 20-25% on other lens enhancements Every calendar year | \$0 \$95 - \$105 \$150 - \$175 | Lens Enhancements | <ul style="list-style-type: none"> Standard progressive lenses Premium progressive lenses Custom progressive lenses Average savings of 20-25% on other lens enhancements Every calendar year | \$0 \$95 - \$105 \$150 - \$175 |
| Contacts (instead of glasses) | <ul style="list-style-type: none"> \$120 allowance for contacts; copay does not apply Contact lens exam (fitting and evaluation) Every calendar year | Up to \$60 | Contacts (instead of glasses) | <ul style="list-style-type: none"> \$150 allowance for contacts; copay does not apply Contact lens exam (fitting and evaluation) Every calendar year | Up to \$50 |
| | | | VSP EasyOptions (choose one of these upgrades) | <ul style="list-style-type: none"> An additional \$70 frame allowance, or fully covered premium progressive lenses, or fully covered anti-glare coating, or an additional \$50 contact lens allowance | |

Monthly Vision Premiums

Vision Service Plan (VSP)

| 2020 | Basic | Buy-up |
|----------------------|---------|---------|
| Retiree | \$5.98 | \$10.70 |
| Retiree + Spouse | \$11.98 | \$21.42 |
| Retiree + Child(ren) | \$12.82 | \$22.92 |
| Family | \$20.48 | \$36.62 |

Reminders:

1. If you wish to prepare an article for an upcoming newsletter, please contact Zane Quible at zquible@okstate.edu to request guidelines. The four categories of articles are *Spotlight on a New Member*, *Spotlight on a Long-Time Member*, *A Retirement Activity*, and *An Interesting Trip*. All articles that appear in the OSU Emeriti Association Newsletter are written by members.
2. If you have recently received an award, an honor, recognition, or an appointment to a board, committee, or commission, or had a book or article published, please send the information to Zane Quible at the e-mail address listed above.

3. If you have recently changed your e-mail address or your mailing address, please send the changes to the Emeriti Association Office at emeriti@okstate.edu .

Link to [October, 2019](#), OSU Emeriti Association *Newsletter*.