

NOVEMBER  
2016



UPDATE



## Making the Most of Retirement

On Wednesday, Nov. 16, at 1:30 p.m., **Making the Most of Retirement** presents *"The Great Loop: Circumnavigating the Eastern Half of the U.S."* with Stan and Barbara Grogg. The program is the next armchair traveling installment in the OSU Emeriti Association's monthly retirement series held at the Stillwater Public Library.

The program will detail the Grogg's trip on a 42 foot, twin engine boat along the east coast and down the inland rivers near the Mississippi.

"The trip was a bucket list we made after hearing others discussing the trip," said Stan Grogg. "I had also read a book about the adventure of a couple about our age who did the Great Loop without knowing much about boating."

Grogg was able to take a sabbatical and vacation time to complete the trip, but the real issue was that the Groggs did not know how to operate a boat.

"The most challenging part was learning how to navigate a 42 foot boat," said Stan Grogg. "We had no experience with boating, but learned quickly just by trial and error."



The 5500 mile loop took 367 days to complete, but left the couple with memories of some of the most beautiful parts of America.

"An area we really liked was New York Harbor next to the Statue of Liberty, with a full view of Manhattan," said Grogg. "The Upper Peninsula of Michigan in the fall with leaves changing colors was another beautiful sight. We also enjoyed Key West on New Year's Eve. We were able to celebrate the New Year with family, fishing and fireworks."

"Making the Most of Retirement" meets the third Wednesday of each month. All local retirees are invited to attend the free programs. The Stillwater Public Library is located at 1107 S. Duck St. (the corner of Duck and 12th Ave.). Visit the library online at <http://library.stillwater.org>.



## November 2016 Calendar

OSU ConocoPhillips Alumni Center, Suite 102 Phone: 405-744-5263

Web site: <http://www.okstate.edu/emeriti>

[Emeriti.Association@okstate.edu](mailto:Emeriti.Association@okstate.edu)

Tues, Nov. 8 — **Election Day**

Wed, Nov. 9 — **Technology Interest Club** —  
1:30 pm, ITLE Building, Glade Presnal

Fri, Nov. 11 — **Veteran's Day**

Mon, Nov. 14 — **Investment Club Board** —  
1:15 pm, Emeriti Suite, Brendon Bond

Wed, Nov. 16 — 1:30 pm, **Making the Most of Retirement** — See article on first page

Mon, Nov. 21 — **Investment Club** — 1:15 pm,  
Emeriti Suite, Brendon Bond

Thurs, Nov. 24—**Thanksgiving Day**

Mon, Nov. 28 — **Emeriti Council** — 1:30 pm,  
Emeriti Suite

## Monday Night Dinners

On December 5th, we'll gather once again at Meditations and Dana Ayers will bring the Stillwater High School Chorale for our entertainment.

There will be no Emeriti Dinner or meeting in January 2017 but we'll start up again on February 6th.

## Benefit Enrollment

### Deadline is November 18

Just a reminder that November 18 is the deadline for enrollment in the new OSU dental and vision insurance programs. All OSU/A&M retirees are eligible for this coverage, even if you are not currently enrolled. This is a one-time opportunity so don't delay.

Please read carefully and follow instructions you have received in email or regular mail communications from OSU Benefits. Information regarding the dental and vision plans can be found at <http://hr.okstate.edu/2017-annual-benefits>. If you have questions, please email inquiries to [osu-benefits@okstate.edu](mailto:osu-benefits@okstate.edu) or contact Benefits at (405) 744-5449.

## Making the Most of Retirement

Dec. 21 — No Program

Jan. 18 — Arlene Devers: "Tutoring for the Stillwater Literacy Council"

Feb. 15 — Jacqui Lutterbie: "Services Available at Stillwater's Life Center" (Adult Day Healthcare)

Mar. 15 — Betsey Weaver: "Brookdale Senior Living in Stillwater"

Apr. 19 — Lisa Eckles: "Volunteering at Stillwater Medical Center;" Whitney Johnson: "Volunteering at Karman Korner Resale Store"

## 2017 Annual Dues

If you pay your Emeriti dues annually they are due January 1, 2017 and will be accepted at the December Monday Night Dinner. Annual dues are \$25 per person or \$35 per couple. Life memberships are \$200 per person or \$250 per couple. Life memberships do not expire and do not have to be renewed.

You can also mail them to:

OSU Emeriti Association  
ConocoPhillips alumni Center, Rm 102  
Oklahoma State University,  
Stillwater, OK 74078